

EMERGENCY RELIEF PROVIDERS

Lanyon Pantry

02 62949 756

(Lanyon Valley Anglican church) Leave message & contact details on phone.

Location: 110 Lewis Luxton Ave Gordon

Open: Tuesdays and Wednesdays 3-5pm

Emergency food service (non-perishables) Tuggeranong.

Lanyon Food Hub

02 6294 4633

Location: Lanyon Youth & Community Centre, Sydney Nolan St Conder.

Open: Thursdays only 9:30am-1:30pm

Eligibility: Assessment required call before hand within open times, Photo I.D., Proof of residency, bring own shopping bags.

For those in need of food Tuggeranong area—can access once a fortnight.

Anglicare Bargain Hunter Emergency Relief 02 6232 9272

Queanbeyan

Location: located 114-120 Monaro St Queanbeyan/ Open: Wed-Fri

For those in need of material support—provides food & clothing, bedding, & general household items. (See Food Coop Guide for Anglicare Food Fair info—community pantry).

N.B. Many of the major area Community Services have Emergency Relief support as part of their general servicing (individual assessments required) - Woden Community service, Belconnen Community service, Northside Community service, Communities@Work and Community Services # 1.

For more information, visit us in the Griffin Centre, 20 Genge St, Canberra City ACT.

EMERGENCY RELIEF PROVIDERS

Organisations that can help with food or financial assistance in an emergency



CONTACT

CANBERRA COMMUNITY INFORMATION

INFO LINE 6248 7988 CONTACTCANBERRA.ORG.AU

About these services... You may need to make an appointment. Some emergency relief agencies prefer not to have their services listed on this info guide—they serve locally only. We have flyers in our city ACT Info Shop for some of

Capital Healing Rooms

02 61621977

Location: Unit 1F of 169 Newcastle St., Fyshwick

Food parcels available for those in need (N.B. must phone first)

Open: Monday night 7pm-9pm, Tue & Fri 10am-2pm, Sat 10am-12noon

*They have the food to give — just remember to phone first so they can organise the hampers.

The SAL / Salvos Assessment Line

1300 371 288

Open: Mon-Fri 9am-5pm

Provides crisis assistance and/or referrals to Case Management .

People will be connected to Local providers.

Adra

0451 573 890

Shop Location: Shop 2/ 14 Lonsdale St, Braddon,

Open: Mon-Thu 10am-4pm / Fri 10am-2pm

Occasionally times vary. Emergency food parcels.

Kippax Uniting Care

02 6254 1733

Location: Cnr Luke St and Hardwick Cres, Holt

Open: Mon-Fri 9am to 4pm

For people & families in crisis in West Belconnen. Provides Food hampers and frozen dinners to take away (ring for appointment), plus community education and health support, referrals and telephone.

Orange Sky Free Mobile Laundry

0408 760 536

Locations:

Monday // 8:30am-11:30am // The Early Morning Centre, 69 Northbourne Ave

Tuesday // 9:30am-11:30am // The Blue Door Centre, 23 Quick St, Campbell

Wednesday // 10:30am - 1:30pm // St Benedicts Community Centre, 284 Crawford St, Queanbeyan.

Thursday // 4pm-6pm//Red Cross Roadhouse, Griffin Centre, Narellan St City.

First Friday of each month // 11am- 1:30pm // St John's Care, 45 Constitution Avenue, Reid, Canberra

Second & Fourth Friday of each month // 9:30am-11:30am // The Blue Door Centre Ainslie Village 23 Quick St, Campbell, Canberra

Sunday // 10:30-12:30// St Benedicts Community Centre, 284 Crawford St, Queanbeyan.

Sunday // 4pm-6pm//Red Cross Roadhouse, Griffin Centre, Narellan St City.

St John's Care (Parish Centre)

02 6248 7771

Location: Constitution Avenue, Reid

Open: Mon-Fri 9:30am-2pm

Operates a range of programs to assist and support people in need in the Canberra region, including crisis support, emergency food, clothing and material assistance, counselling referrals, support groups for bereaved and separated people, marriage education courses and a toy repair workshop.

St Vincent De Paul Society

02 6282 2722

Location: Ring to arrange a home visit (and emergency food packages)

Open: Mon-Fri 9am-5 pm

Visits and assists those in need in their own homes. Assistance ranges from friendship to moral/material support. Established network of centres that provide free clothing, furniture and other household items to families and people in need.

Migrant & Refugee Settlement Services of ACT - MARSS

02 6248 8577

Location: Theo Notaras Multi Cultural Centre Lev 2, 180 London Circuit Canberra City

Open: Mon-Fri 9am-5pm

Can provide some emergency support for eligible migrants & refugees

Communities@Work

02 6293 6500

Community Food Pantries

Location: Tuggeranong Community Centre, 245 Cowlshaw St Greenway & Gungahlin Community Centre 47Ernest Cavanagh St Gungahlin

Open: Mon-Fri 9am-3pm

Social Program

Includes Emergency relief & free clothing program for men & women/ shoes & accessories for job interviews, work experience or other special events.

Woden Community service

02 6282 2644

'The Little Pantry' Location: 26 Corinna St Woden (Across road from Woden library & behind discount Chemist).

Open: 9am-1pm Thursdays (available other times if required Ph: 6282 2644)

Emergency Relief food (non perishables) & personal items/limited number of items per household.