

## CANBERRA MARKETS

- **Fyshwick Fresh Food Markets**  
Canberra's oldest market. Thurs-Sun 8am-5.30pm  
[www.fyshwickfreshfoodmarkets.com.au](http://www.fyshwickfreshfoodmarkets.com.au)
- **Capital Region Farmers Markets**  
Saturday-only Market for Local Produce at EPIC  
[www.capitalregionfarmersmarket.com.au](http://www.capitalregionfarmersmarket.com.au)
- **Old Bus Depot Markets**  
Popular Sunday-only Market featuring hand crafted wares, clothing collections etc. 10am - 4pm  
[www.obdm.com.au](http://www.obdm.com.au)
- **Belconnen Fresh Food Markets**  
[www.belconnenmarkets.com.au](http://www.belconnenmarkets.com.au)

## SOCIAL NETWORKING GROUPS

- **Meetup** List of Canberra Social Networking Groups  
[www.meetup.com](http://www.meetup.com)
- **Just Friends** Social group for people over 50  
62420840 | 62813549

## CANBERRA ONLINE

- [www.canberrayourfuture.com.au](http://www.canberrayourfuture.com.au)
- [www.visitcanberra.com.au](http://www.visitcanberra.com.au)
- [www.events.act.gov.au](http://www.events.act.gov.au)
- [www.communitiesonline.org.au](http://www.communitiesonline.org.au)
- [www.liveincanberra.com.au](http://www.liveincanberra.com.au)

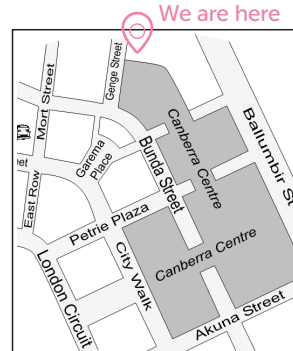
FREE APPS – CITYART, Mobile Canberra & The Canberra Guide

## FREE CANBERRA MAGAZINES & BLOGS

- **Canberra Weekly & City News**  
FREE weekly publications.
- **Holiday Happenings**  
FREE listing of school holiday happenings  
[www.holidayhappenings.com.au](http://www.holidayhappenings.com.au)
- **Her Canberra** FREE daily blog that about Canberra happenings [www.hercanberra.com.au](http://www.hercanberra.com.au)
- **Canberra Mums** Community blog on Facebook  
[www.facebook.com/Canberramums](http://www.facebook.com/Canberramums)
- **The RiotACT** Canberra news, views & opinion  
[www.the-riotact.com](http://www.the-riotact.com)
- **BMA Magazine** Free music entertainment guide  
[www.bmamag.com](http://www.bmamag.com)
- **Canberra's Child** The real guide for parents  
1800 628 587 | [www.childmags.com.au](http://www.childmags.com.au)

Visit us at our shopfront!

Ask us anything!  
6248 7988  
[info@vc-act-org.au](mailto:info@vc-act-org.au)  
[vc-act.org.au](http://vc-act.org.au)



Are you interested in becoming a volunteer?

Contact us now!

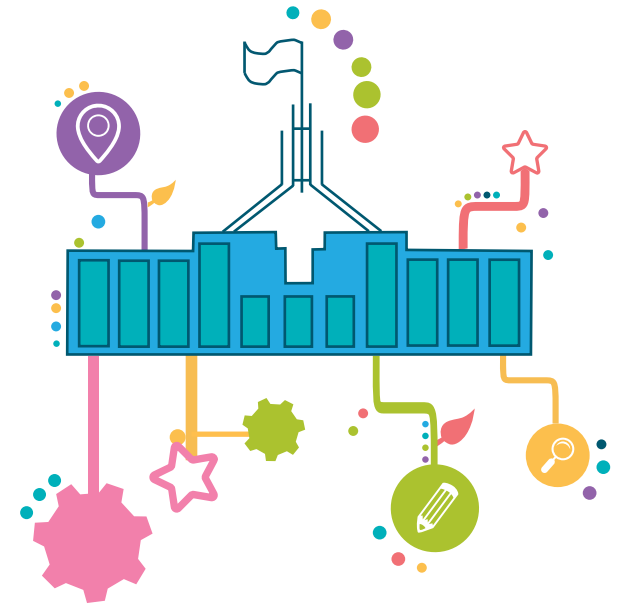
Volunteering and Contact ACT fosters community engagement through reliable information and volunteering, and is an active link between people, organisations and government. We are the peak body for volunteering and community information.

Supported by



This service receives funding from the ACT Government

## VOLUNTEERING *and* CONTACT ACT



# New to Canberra?

## VOLUNTEERING *and* CONTACT ACT

## ASSISTANCE

- **CONTACT Canberra Community Information**  
Your one-stop shop to information about the Canberra community. Find relevant services, organisations, support and interest groups [www.actcommunitydirectory.com.au](http://www.actcommunitydirectory.com.au) | 6248 7988
- **ACT Government – Access Canberra**  
Connecting the ACT community with ACT government services (car registrations, licenses, municipal services etc.) [www.accesscanberra.act.gov.au](http://www.accesscanberra.act.gov.au) | 13 22 81

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## GENERAL USEFUL LINKS

- **ACT Government Assistance**  
[www.assistance.act.gov.au](http://www.assistance.act.gov.au)
- **Department of Health & Human Services**  
Link to Centrelink, Medicare & Child Support services and information [www.humanservices.gov.au](http://www.humanservices.gov.au)
- **Department of Immigration & Border Protection** [www.border.gov.au](http://www.border.gov.au)
- **Migrant & Refugee Settlement Services of the ACT (MARSS)** [www.marss.org.au](http://www.marss.org.au)
- **Consumer advice, fair trading and regulatory services** [www.accesscanberra.act.gov.au](http://www.accesscanberra.act.gov.au) | 6207 3000 | 13 22 81
- **Fair Work** [www.fwc.gov.au](http://www.fwc.gov.au) | 1300 799 675
- **All Classifieds** [www.allclassifieds.com.au](http://www.allclassifieds.com.au)
- **Gumtree** [www.gumtree.com.au](http://www.gumtree.com.au)
- **ACT Libraries** [www.library.act.gov.au](http://www.library.act.gov.au)

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## LOCAL REAL ESTATE & TENANCY ASSISTANCE

- **All Homes** [www.allhomes.com.au](http://www.allhomes.com.au)
- **Real Estate.com** [www.realestate.com.au](http://www.realestate.com.au)
- **Tenants' Advice Service - Tenants' Union ACT Inc.** [www.tenantsact.org.au](http://www.tenantsact.org.au) | 6247 2011

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## PEOPLE WITH DISABILITY

- **National Information for Communication and Awareness Network (NICAN)**  
Directory of inclusive recreation, tourism, sport and the arts [www.nican.com.au](http://www.nican.com.au) | FREE APP: Nican

## TRANSPORT

- **Buses - Transport Canberra (TC)**  
[www.transport.act.gov.au](http://www.transport.act.gov.au) | 131 710  
FREE APP: My Bus 2.0
- **Taxis**
  - **Cab Xpress** (wheelchair accessible available)  
[www.cabxpress.com.au](http://www.cabxpress.com.au) | 13 92 87 | 6181 2700
  - **Canberra Elite & Silver Service**  
[www.canberracabs.com.au](http://www.canberracabs.com.au) | 13 22 27
- **Trains** [www.nswtrainlink.info](http://www.nswtrainlink.info) | 13 22 32
- **Airport**  
[www.canberraairport.com.au](http://www.canberraairport.com.au) | 6275 2222
- **Bikes and Walking**  
FREE APP: Canberra Map and Walks

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## MEDICAL & EMERGENCY MEDICAL SERVICES

- **Calvary Hospital** 6201 6111
- **Canberra Hospital** 6244 2222
- **ACT Find a Health Service**  
Searchable database of health service providers [www.findahealthservice.act.gov.au](http://www.findahealthservice.act.gov.au)
- **Community Health Centres**  
For appointments call Community Health Intake 6207 9977 | [health.act.gov.au](http://health.act.gov.au)
- **Health Direct Line**  
FREE 24-hour Nurse attended health advice line 1800 022 222
- **Walk in Centres (Nurse run)**  
Walk in for FREE, one-off treatment of minor injury or illness. 7 days a week. No appointment necessary  
[www.health.act.gov.au/our-services/walk-cantre](http://www.health.act.gov.au/our-services/walk-cantre)
- **Home Doctor Service**  
After hours GP home visits; bulk billed. From 4pm weekdays, 10am Saturdays, all day Sundays and public holidays 13 SICK (7425) | [www.homedoctor.com.au](http://www.homedoctor.com.au)

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## LATE NIGHT CHEMISTS

- **Ginninderra Pharmacy** (connected to Ginninderra Medical Centre) 6251 5775
- **Chemist on Northbourne/Alinga St** 6162 1133
- **Day & Night Chemist, O'Connor** 6248 7050 |

Search [www.chemistfind.com.au](http://www.chemistfind.com.au) for nearest chemist

## EDUCATION & PARENTING

- **ACT Public Schools** [www.education.act.gov.au/canberra-public-schools](http://www.education.act.gov.au/canberra-public-schools) | 6207 5111
- **ACT Catholic Schools**  
Canberra and Goulburn Catholic Education Office [www.ceocg.catholic.edu.au](http://www.ceocg.catholic.edu.au) | 6234 5455  
FREE APP: CEO Canberra & Goulburn - Skoolbag
- **ACT Independent Schools**  
The Association of Independent Schools of the ACT [www.ais.act.edu.au](http://www.ais.act.edu.au) | 6154 5470
- **Early Childhood Care, Before/After School Care**  
Childcare Access Hotline [www.mychild.gov.au](http://www.mychild.gov.au) | 1800 670 305
- **What's On for Women**  
Includes Calender of courses, events, information sessions etc. [www.communityservices.act.gov.au/women](http://www.communityservices.act.gov.au/women)
- **Parent Link**  
Information, advice and contacts for parents/carers of children [www.parentlink.act.gov.au](http://www.parentlink.act.gov.au)
- **The Raising Children Network**  
The complete Australian resource for parenting newborns to teens [www.raisingchildren.net.au](http://www.raisingchildren.net.au)
- **MyChild.gov** Australia's online child care portal including database to find child care centres in your area [www.mychild.gov.au](http://www.mychild.gov.au)
- **Playgroups ACT** [www.playgroupact.org.au](http://www.playgroupact.org.au) | 1800 171 882 | 6251 0261

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## REGIONAL COMMUNITY SERVICES

Support for families, children, seniors as well as links to interest groups and community services.

- **Belconnen Community Service** [www.bcsact.com.au](http://www.bcsact.com.au) | 6264 0200
- **Northside Community Service** [www.northside.asn.au](http://www.northside.asn.au) | 6257 2255
- **Community Services #1** [www.communityservices1.org](http://www.communityservices1.org) | 6126 4700
- **Woden Community Service** [www.wcs.org.au](http://www.wcs.org.au) | 6282 2644
- **Communities @ Work**  
Servicing Tuggeranong, Weston Creek & Gungahlin [www.commsatwork.org](http://www.commsatwork.org) | 6293 6500